

Implementing Evidence-based practices: Five Substantial Ways Educators Benefit



Evidence-based practices (EBPs) are programs or practices that were tested with high-quality scientific studies that can determine causality. These studies demonstrated the EBPs were effective with the target populations of the studies.

Tip: Look at the methods section of the studies – who was included/ excluded in the sample? Are the students in the study similar to your students?

EBPs work! Since the research has already proven that the intervention/strategy works, you can feel confident that when implemented properly your intervention or instructional strategy will produce the desired results.

Tip: It is easy to find great EBPs on tons of topics at the What Works Clearinghouse!
<https://ies.ed.gov/ncee/wwc>

You can find support! Other educators are already using the EBPs you are considering. If you are worried about trying something new or having trouble obtaining the desired results you can find support. Educators LOVE sharing what works in their classrooms/or schools.

Tip: Consider joining a professional learning community – Council for Exception Children or www.edweb.net are good places to begin.

Evidence-based practices save time! Although it may seem like it takes a long time to identify the right EBP for your challenge, you don't have to spend time designing the intervention or strategy; or lose time by jumping from one intervention to another without seeing progress with your student.

Tip: The IRIS center offers a free EBP Module series that helps you identify, select, implement and evaluate EBPs!
<https://ccrs.osepideasthatwork.org/teachers-academic/evidence-based-practices-instruction>

Utilizing EBPs can make collaborating easier! By the time, you are in a Student Study Team meeting there may already be frustration and/or strong emotions about what is going on with the student. Introducing the idea of trying an EBPs can diffuse some of this tension because it is not preferencing one team members opinion. Instead, it is introducing a science-based intervention as a possible solution to overcoming challenges.

**Work with youth between 16-24? Join our online support group on Facebook
"Allies for Teens and Young Adults"**